
8:30 a.m.

Opening Remarks
Kate Houston, Deputy Under Secretary, Food, Nutrition, and Consumer Services
U.S. Department of Agriculture

Introduction and Swearing-in of the Committee
Ed Schafer, Secretary of Agriculture

Review of the Committee’s Charge
Michael Leavitt, Secretary of Health and Human Services

Role of Research, Education, and Economics in the Dietary Guidelines
Gale Buchanan, Under Secretary, Research, Education, and Economics
U.S. Department of Agriculture

9:15 a.m.

Committee Operations
Robert Post, Deputy Director, Center for Nutrition Policy and Promotion
U.S. Department of Agriculture

Review of Agenda
Chair, Dietary Guidelines Advisory Committee

Closing Remarks for Opening Session
Robert Post, Deputy Director, Center for Nutrition Policy and Promotion
U.S. Department of Agriculture

9:45 a.m. Break

10:00 a.m.

History of the Dietary Guidelines for Americans
Robert Post, Deputy Director
Center for Nutrition Policy and Promotion
U.S. Department of Agriculture
10:20 a.m.

**Putting the Dietary Guidelines into Action**
Brian Wansink, Executive Director  
Center for Nutrition Policy and Promotion  
U.S. Department of Agriculture

Penelope Slade Royall, Deputy Assistant Secretary for Health  
Disease Prevention and Health Promotion  
U.S. Department of Health and Human Services

11:00 a.m.

**The State of the American Diet and Public Health**
Cliff Johnson, Director  
Division of Health and Nutrition Examination Surveys  
National Center for Health Statistics  
U.S. Department of Health and Human Services

Trish Britten  
Center for Nutrition Policy and Promotion  
U.S. Department of Agriculture

11:30 a.m.

**Review of Timeline, Milestones, and Staff Responsibilities**
Chair, Dietary Guidelines Advisory Committee

11:45 a.m.  **Lunch**

1:15 p.m.  **The Nutrition Evidence Library**  
Joan Lyon  
Center for Nutrition Policy and Promotion  
U.S. Department of Agriculture

2:00 p.m.  **Nutrient Adequacy**

3:15 p.m.  **Fluid and Electrolytes**

3:45 p.m.  **Review of 2nd Day Agenda**  
Chair, Dietary Guidelines Advisory Committee

4:00 p.m.  **Meeting Recess**
Friday, October 31, 2008

8:30 a.m.  Energy Balance, Weight Management, and Physical Activity
9:45 a.m.  Carbohydrates
10:45 a.m.  Break
11:00 a.m.  Fatty Acids
12:00 p.m.  Lunch
1:30 p.m.  Ethanol
2:00 p.m.  Food Safety and Technology
2:40 p.m.  Wrap-up and Next Steps
            Motion to Vote
            Next Meeting
            Chair, Dietary Guidelines Advisory Committee
3:30 p.m.  Meeting Adjourns