

## Official USDA Food Plans: Cost of Food at Home at Four Levels, U.S. Average, January 2002<sup>1</sup>

AGE-GENDER GROUPS	WEEKLY COST				MONTHLY COST			
	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan
<b>INDIVIDUALS<sup>2</sup></b>								
<b>CHILD:</b>								
1 year	16.60	20.50	24.10	29.20	71.90	88.80	104.40	126.50
2 years	16.60	20.50	24.10	29.20	71.90	88.80	104.40	126.50
3-5 years	18.00	22.50	27.80	33.30	78.00	97.50	120.50	144.30
6-8 years	22.40	29.90	37.20	43.30	97.10	129.60	161.20	187.60
9-11 years	26.50	33.90	43.40	50.20	114.80	146.90	188.10	217.50
<b>MALE:</b>								
12-14 years	27.40	38.30	47.50	55.90	118.70	166.00	205.80	242.20
15-19 years	28.30	39.50	49.30	56.80	122.60	171.20	213.60	246.10
20-50 years	30.20	39.50	49.10	59.50	130.90	171.20	212.80	257.80
51 years and over	27.60	37.60	46.20	55.50	119.60	162.90	200.20	240.50
<b>FEMALE:</b>								
12-19 years	27.50	33.10	40.10	48.50	119.20	143.40	173.80	210.20
20-50 years	27.40	34.50	42.00	54.00	118.70	149.50	182.00	234.00
51 years and over	27.00	33.60	41.70	49.80	117.00	145.60	180.70	215.80
<b>FAMILIES:</b>								
<b>FAMILY OF 2<sup>3</sup>:</b>								
20-50 years	63.40	81.40	100.20	124.90	274.60	352.80	434.30	541.00
51 years and over	60.10	78.30	96.70	115.80	260.30	339.40	419.00	501.90
<b>FAMILY OF 4:</b>								
Couple, 20-50 years and children—								
2 and 3-5 years	92.20	117.00	143.00	176.00	399.50	507.00	619.70	762.60
6-8 and 9-11 years	106.50	137.80	171.70	207.00	461.50	597.20	744.10	896.90

<sup>1</sup>Basis is that all meals and snacks are purchased at stores and prepared at home. For specific foods and quantities of foods in the Thrifty Food Plan, see *Thrifty Food Plan, 1999, Executive Summary*, CNPP-7A; for specific foods and quantities of foods in the Low-Cost, Moderate-Cost, and Liberal Plans, see *Family Economics Review*, No. 2 (1983). The Thrifty Food Plan is based on 1989-91 data and the other three food plans are based on 1977-78 data; all four plans are updated to current dollars using the Consumer Price Index for specific food items.

<sup>2</sup>The costs given are for individuals in 4-person families. For individuals in other size families, the following adjustments are suggested: 1-person—add 20 percent; 2-person—add 10 percent; 3-person—add 5 percent; 5- or 6-person—subtract 5 percent; 7- (or more) person—subtract 10 percent.

<sup>3</sup>Ten percent added for family size adjustment.