

# Comments Summary Report

*Submission Date Between 04/08/2010 and 04/29/2010*

**Key Topic: Vitamins**

**Comment ID:** 000939

**Submission Date:** 04/15/2010

**Organization Type:** Nonprofit/Voluntary

**Organization Name:** National Medical Association

**First Name:** Ivonne

**Last Name:** Fuller

**Job Title:** Associate Executive Director

**Key Topic:** Eating Patterns, Food Groups, Minerals, Protein, Vitamins

**Sub Topic:** DASH

**Attachment:** Y

**Comment:** Statement of the Problem

An increasing body of research now documents the intricate and expansive linkages between nutritional deficits and the etiology of selected health conditions. While a multiplicity of nutrients is present in a range of food product, dairy products embody and exceptionally large pool of those vitamins, minerals, and other nutritional elements required for the optimization of health.

Purpose

The purpose of this paper is that of addressing several key questions regarding African Americans and lactose intolerance.

These questions are:

- What is lactose intolerance and how prevalent is it among African Americans?
- Is the under-consumption of dairy products by African American associated with dietary deficits in nutrients such as calcium, vitamin D, protein, magnesium, potassium phosphorus?
- If so, what health risks may be associated with dairy nutrients deficits among African American?
- What strategies can be recommended to African-American physicians to address ongoing and/or anticipated dairy nutrients deficits in this population?

# Comments Summary Report

*Submission Date Between 04/08/2010 and 04/29/2010*

**Key Topic: Vitamins**

**Comment ID:** 000941

**Submission Date:** 04/15/2010

**Organization Type:** Other

**Organization Name:** Kraft Foods

**First Name:** Carol

**Last Name:** Kellar

**Job Title:** Sr. Director, Quality, Scientific & Regulatory Affairs

**Key Topic:** Fats, Fluid and Electrolytes, Food Groups, Vitamins

**Sub Topic:** Fish oil, Omega 3 fatty acids, Folate, Grains, Whole grains, Saturated fatty acids, Sodium, Vitamin D, Vitamin E

**Attachment:** Y

**Comment:** See attached document with references.