

Comments Summary Report

Submission Date Between 06/15/2010 and 07/30/2010

Key Topic: Evidence-based Review Process

Comment ID: 001315

Submission Date: 07/01/2010

Organization Type: Educational Institution

Organization Name: State University of New York at Geneseo

First Name: Wendy

Last Name: Pogozeleski

Job Title: Professor of Biochemistry

Key Topic: Carbohydrates, Evidence-based Review Process, Fats

Sub Topic: Low carbohydrate, Oils, Unsaturated fatty acids, Saturated fatty acids

Attachment: N

Comment: The guidelines are wrong in three respects: 1) They don't consider that total carbohydrate intake can drive obesity, regardless of whether those carbohydrates come from sugar or whole grains. 2) They treat all populations the same, when children and type 1 and type 2 diabetics have much different needs. 3) They don't reflect the latest research showing the benefits of good fats and the dangers of fat restriction in children. I fear that schools and states will use these new guidelines, with the result that they will continue to INCREASE obesity, behavior problems, and diabetes in the most vulnerable populations. I recommend adding a caveat that children need fat and that the 20 million diabetics in this country need to monitor carbs closely.

Comment ID: 001322

Submission Date: 07/01/2010

Organization Type: Federal Agency

Organization Name: Dietary Guidelines Advisory Committee (DGAC)

First Name: Sheila

Last Name: Gill

Job Title: Certified, Licensed Massage Therapist

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: N

Comment: The integrity of this advice has been severely compromised by conflicts of interest. The Congress should give authority to create dietary advice solely to an appropriate health agency, not the USDA, which cannot give accurate and impartial dietary advice while also promoting agricultural interests. Congress should prohibit individuals with ties to the food and drug industries from serving on the DGAC.

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Submission Date Between 06/15/2010 and 07/30/2010

Key Topic: Evidence-based Review Process

Comment ID: 000985

Submission Date: 06/15/2010

Organization Type: Individual/Professional

Organization Name: KUB Consulting

First Name: Karl

Last Name: Bucus

Job Title: Consultant

Key Topic: Carbohydrates, Evidence-based Review Process, Fats

Sub Topic: Added sugars, Cholesterol, Low carbohydrate, Saturated fatty acids

Attachment: N

Comment: Reading the preliminary recommendations one is left wondering if any of the participants were even aware of the January 2010 meta-analysis study in The American Journal of Clinical Nutrition regarding heart disease and saturated fat. These findings may contravene conventional wisdom, but they certainly should be acknowledged, and low-carb alternatives should be entertained in a more serious way.

Also, fat intake is implicated in the preliminary recommendations in regards to T2D. There is no literature at all implicating fat with T2D.

I am in the best shape of my life, at 38, vis a vis fitness, weight, blood pressure, the whole magilla. I did it by pretty much doing the opposite of these recommendations. While this is merely anecdotal, I do not think I am some sort of genetic freak. Furthermore, the scientific literature on an almost monthly basis provides evidence suggesting my diet-- high in protein and plants, low on starches and sugars-- is potentially optimal for the human physiology.

Given this it is, frankly, shocking these new recommendations will potentially be functionally identical to the old ones. Given the continued problems presented by CHD and T2D one imagines a different approach would be in order.

Comment ID: 000964

Submission Date: 06/15/2010

Organization Type: Individual/Professional

Organization Name:

First Name: Courtney

Last Name:

Job Title: Scientist

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: N

Comment: As a nutrition researcher, an assistant professor of health and wellness who teaches courses on nutrition, prevention and management of chronic disease and food policy, and a

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citizen for whom these guidelines are intended to support, I consider myself a stakeholder in the Dietary Guidelines for Americans.

I feel that one of the most important decisions the committee will make is what questions to address in your evidence-based reviews. I urge you to address some questions regarding healthful dietary patterns in addition to nutrient-based or food group-based questions.

I respectfully request that you consider the following questions for evidence-based review for the 2010 Dietary Guidelines for Americans.

What are the relationships between vegetarian diets and health?

What are the relationships between nuts and seeds intake and health?

What are the relationships between dairy product-free or very low dairy diets and health (i.e. dietary patterns of Japan, China, and vegan dietary patterns)?

What are the relationships between very low fat (10 to 20% of calories) diets and chronic disease risk?

What are the relationships between vegetarian and vegan diets and weight loss or weight maintenance?

In addition, I hope that you will share the full scope of your findings with the USDA, HHS, and the American public. It is my understanding the practice has been to make recommendations that diverge as little as possible from current US dietary practices so that it will be easier for the public to achieve these goals. Instead, I hope you will offer the public best practices based on your evidence-based findings (even if they may be difficult for some of us to accomplish) as this is the most ethical approach to making dietary recommendations.

Comment ID: 001311

Submission Date: 06/30/2010

Organization Type: Individual/Professional

Organization Name:

First Name: stephen

Last Name: lanzalotta

Job Title: chef, baker, diet and nutrition book author, cooking class instructor

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: N

Comment: Repulsed to find 2010 USDA Dietary Guidelines playing to drives of industry while avoiding even damaging public health. Our major afflictions primarily traceable to lack of animal omega3 fats and excess proinflammatory vegetable oils and refined carbs. Maine Med Center Ptld nearly killed my grandson with formula/TPN diet for short bowel syndrome. He developed necrotizing enterocolitis from the simple carbs (dextrose) and 100% vegetable fats (soy and safflower) . His life saved only when I made them give fish oils, complex carbs (pre-biotic oligosaccharides)and probiotics. USDA allows diseased beef fed slaughterhouse sweepings (cows supposed to eat grass) washed with ammonia for elementary school meals and FDA restricts lifesaving fish oil to hospitals. I find it disgusting that such policies are permitted while the solutions are simple, known, and at hand. We bought the story that butter and whole animal fats are bad. 1940's Framingham Heart Study buried findings counter to the premise that diets lower in animal fat and calories lower cholesterol when opposite was found. Flawed studies by Ancel Keys 1950's "introduced many of the assumptions which we now take for granted" (The Times of London); led to

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misguided Jolliffe lipid tests substituting corn oil and margarine for butter and boxed cereals for eggs to discredit natural fats. "Prudent Diet" did lower cholesterol but killed participants statistically hidden as participants who opted out of the study and was duly advertised in JAMA 1966 as "great success". Deceptive press releases convinced American public and led to devastatingly dangerous low fat Pritikin/Scarsdale diets of 1970s. Responsible medical critics declared "greatest scam in the history of medicine" and "fund-raising propaganda" from veg oil manufacturers who pushed butter/lard out of market. Yet used by med establishment since to coerce us into buying industrial fats, fake lowfat foods, cholesterol medications. When will America get truth about food?

Comment ID: 001332

Submission Date: 07/01/2010

Organization Type: Individual/Professional

Organization Name:

First Name: Marjorie

Last Name: Kelley

Job Title: Registered Nurse - Advanced Practice

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: N

Comment: As an advanced practice nurse for 20 plus years, I have watched out government and the USDA make decisions based on poor research and poor information. Food industry, the different trade associations associated with specific industries (cattle, hogs, corn, etc.) should not have a voice at the table. Strong research, good data, and medical information from randomized clinical trials should drive the food and health of the nation. Please use evidenced-based science in decisions about America's health. I can only help a few diabetic, cancer, heart disease patients a day.....your decisions can help prevent thousands from becoming afflicted with these terrible diseases! Truth and information are powerful tools.

Comment ID: 001370

Submission Date: 07/06/2010

Organization Type: Individual/Professional

Organization Name:

First Name: Damian

Last Name: Bickett

Job Title:

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: N

Comment: After reading many of these comments, I question the point of this entire process. It is clear that a law requiring that your guidelines take into account the best available evidence at the time is not really that helpful, considering that the ability of science to isolate and conclusively test a single nutrient's effect in our bodies is near impossible. Some groups here say sugar is bad, the ABA instead claims little evidence in support of that. Other individuals want vegan/vegetarianism promoted while many see the benefits of healthy animal fats and meat. Previous recommendations have been wrong before, and this will likely be no different. In all seriousness, why bother?

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As an example, consider trans fats. They are now vilified, but 5-10 years ago and earlier were seen as a healthy alternative to lard and butter. Furthermore, it seems clear to me that processed foods are in general worse for us than unprocessed, all else equal. And that eating lots of sugar is not great. But besides these obvious things (which are still difficult to show with science), views differ. Why should my preferences be given weight? Why should I be able to tell others what to eat? In the interest of health, and saving money, scrap the entire system, and let health standards emerge naturally from those groups that have science on their side. There is no need for the government to choose guidelines which will inevitably favor some groups at the expense of others.

Comment ID: 001380

Submission Date: 07/07/2010

Organization Type: Individual/Professional

Organization Name:

First Name: Kevin

Last Name: Henry

Job Title:

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: N

Comment: It is distressing to see how biased this report is in favor of agricultural and pharmaceutical interests. The conflicts of interest inherent in the way this report was produced unfortunately seem to have overwhelmed any dedication to sound science and good public policy. In particular, the emphasis on animal-based sources of nutrition are clearly not supported by the research.

I worry for the future generations who, without knowing it, will have their health negatively shaped by this policy.

Comment ID: 001769

Submission Date: 07/13/2010

Organization Type: Individual/Professional

Organization Name:

First Name:

Last Name:

Job Title: FCS Educator

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: N

Comment: I appreciate the work you do to research, update, and publish the guidelines every five years. I am excited to bring this information to my students next year and motivate them to make healthier choices!

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Comment ID: 001977

Submission Date: 07/15/2010

Organization Type: Individual/Professional

Organization Name:

First Name: Laurie

Last Name: Thomas

Job Title:

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: N

Comment: The standard American diet makes people fat and sick. Switching to a low-fat (<10% of calories), diet based on unrefined plant foods such as whole grains, fruits and vegetables, and legumes would make us heart-attack proof, cure type 2 diabetes, etc. Why are you advocating portion control instead?

Comment ID: 002107

Submission Date: 07/15/2010

Organization Type: Individual/Professional

Organization Name:

First Name: C. Ronald

Last Name: Ferguson

Job Title: Health Advocate

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: N

Comment: Your committee must be biased in favor of the meat, dairy and fish industries. You cite science that shows that too many people are obese and they eat too much fat and then you state that changing the type of fat will benefit public health. You should recommend a reduction in the amount (by percent of calories) of fat and require all fat calories be reduced to about 15% of calories in a person's diet. Also you should require that any statement of the amount of fat in a product should be as a percentage of calories in the product. The amount of fat should never be expressed as a percentage of fat by weight.

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Submission Date Between 06/15/2010 and 07/30/2010

Key Topic: Evidence-based Review Process

Comment ID: 001288

Submission Date: 06/28/2010

Organization Type: Individual/Professional

Organization Name: Room For All

First Name: Rich

Last Name: Murray

Job Title: information activist

Key Topic: Evidence-based Review Process, Food Safety

Sub Topic:

Attachment: N

Comment: <http://whilesciencesleeps.com/references> 589 references -- click on each title for free full pdf

Article 2 <http://www.thetruthaboutstuff.com/review2.html> "Identical Symptoms of MS, Methanol Poisoning and Aspartame Toxicity"

"The symptoms of multiple sclerosis (44, 83, 85, 169), chronic and acute methanol poisoning (13, 144, 189), and Aspartame toxicity (54, 58, 93, 181), are in all ways identical....

The common symptoms of
headache (13, 83, 181, 189),
nervousness (13, 83, 181),
depression (58, 83, 189, 181),
memory loss (18, 147, 85, 169, 181),
tingling sensations (13, 85, 168, 138, 169),
pain in the extremities (13, 85, 169),
optic neuritis (85, 138, 148, 163, 169),
bright lights in the visual field (139, 83),
seizures (21, 83, 160),
inability to urinate or to keep from urinating (139, 146, 167)
are all shared by each of these conditions and shared yet again by complaints from aspartame poisoning (54, 58, 93, 181)".

<http://whilesciencesleeps.com/montediet> Methanol: Where Is It Found? How Can It Be Avoided?

Avoid the following, ranked in order of greatest danger:

1. Cigarettes.
2. Diet foods and drinks with aspartame.
3. Fruit and vegetable products and their juices in bottles, cans, or pouches.

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4. Jellies, jams, and marmalades not made fresh and kept refrigerated.
5. Black currant and tomato juice products, fresh or processed.
6. Tomato sauces, unless first simmered at least 3 hours with an open lid.
7. Smoked food of any kind, particularly fish and meat.
8. Sugar-free chewing gum.
9. Slivovitz: You can consume one alcoholic drink a day on this diet -- no more! [no fruit brandies]
10. Overly ripe or near rotting fruits or vegetables.

<http://whilesciencesleeps.com/about> Woodrow C. Monte, PhD, Emeritus Prof. Nutrition, Curriculum Vitae, publications, photos

Comment ID: 000989

Submission Date: 06/15/2010

Organization Type: Individual/Professional

Organization Name:

First Name:

Last Name:

Job Title:

Key Topic: Evidence-based Review Process, Protein

Sub Topic:

Attachment: N

Comment: Please substantiate the following claim with findings from peer reviewed studies.

Claim: Plant-based foods must be combined to obtain 'complete' proteins.

Recent research does not support the food combining claim. A varied, plant-based vegan diet can meet all protein requirements (without planning). Unless you qualify the statement, the use of the phrase "high quality proteins" is objectionable. And why choose to point out that plant foods are sometimes lower in three amino acids, when you really should be citing a study that looks at a person's entire diet? Using the USDA's own data on <http://nutritiondata.com>, protein needs can be met with a vegan diet.

References to the Dietary Guidelines for Americans:

Executive Summary: "Animal sources of protein, including meat, poultry, seafood, milk, and eggs, are the highest quality proteins. Plant proteins can be combined to form

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complete proteins if combinations of legumes and grains are consumed. Plant-based diets are able to meet protein requirements for essential amino acids through planning and offer other potential benefits, such as sources of fiber and nutrients important in a health-promoting diet."

D-4: "Individuals who restrict their diet to plant foods may be at risk of not getting adequate amounts of certain indispensable amino acids because the concentration of lysine, sulfur amino acids, and threonine are sometimes lower in plant than in animal food proteins."

Comment ID: 001074

Submission Date: 06/22/2010

Organization Type: Individual/Professional

Organization Name:

First Name: Denise

Last Name: Shepherd

Job Title: Debt Collector

Key Topic: Evidence-based Review Process, Protein

Sub Topic:

Attachment: N

Comment: Has anyone connected with the USDA even read The China Study? The research has already been done! A whole foods, plant-based diet is the only thing that will save this country and our healthcare system. The terrorists are not in other countries, they are Americans living right here. They are the cattle ranchers and dairy farmers. Come on USDA, stop treating the public like stupid children. Put the facts out there. I went from vegetarian to whole foods vegan after reading The China Study and will never go back. I am not willing to die for the economy!

Comment ID: 001278

Submission Date: 06/28/2010

Organization Type: Individual/Professional

Organization Name:

First Name: Lloyd

Last Name: Hicks

Job Title:

Key Topic: Evidence-based Review Process, Protein

Sub Topic:

Attachment: Y

Comment: Please substantiate the following claim with findings from peer-reviewed studies.

Claim: Plant-based foods must be combined to obtain 'complete' proteins.

Recent research does not support the food-combining claim. A varied, plant-based vegan diet can meet all protein requirements (without planning). Unless you qualify the

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Key Topic: Evidence-based Review Process

statement, the use of the phrase "high quality proteins" is objectionable. And why choose to point out that plant foods are sometimes lower in three amino acids, when you really should be citing a study that looks at a person's entire diet? Using the USDA's own data on <http://nutritiondata.com>, protein needs can be met with a vegan diet.

References to the Dietary Guidelines for Americans:

Executive Summary: "Animal sources of protein, including meat, poultry, seafood, milk, and eggs, are the highest quality proteins. Plant proteins can be combined to form complete proteins if combinations of legumes and grains are consumed. Plant-based diets are able to meet protein requirements for essential amino acids through planning and offer other potential benefits, such as sources of fiber and nutrients important in a health-promoting diet."

D-4: "Individuals who restrict their diet to plant foods may be at risk of not getting adequate amounts of certain indispensable amino acids because the concentration of lysine, sulfur amino acids, and threonine are sometimes lower in plant than in animal food proteins."

Comment ID: 002048

Submission Date: 07/15/2010

Organization Type: Industry Association

Organization Name: Grocery Manufacturers Association

First Name: Jeffrey

Last Name: Barach

Job Title: Vice President, Science Policy, New Technologies

Key Topic: Carbohydrates, Eating Patterns, Energy Balance/Physical Activity, Evidence-based Review Process, Fats, Fluid and Electrolytes, Nutrient Density/Discretionary Calc

Sub Topic: Added sugars, Saturated fatty acids

Attachment: Y

Comment: The Grocery Manufacturers Association (GMA) represents the world's leading food, beverage and consumer products companies. The Association promotes sound public policy, champions initiatives that increase productivity and growth and helps ensure the safety and security of consumer packaged goods through scientific excellence. The GMA board of directors is comprised of chief executive officers from the Association's member companies. The \$2.1 trillion food, beverage and consumer packaged goods industry employs 14 million workers, and contributes over \$1 trillion in added value to the nation's economy.

GMA congratulates the 2010 Dietary Guidelines Advisory Committee (DGAC) on their achievement. We thank the staff of Office of Disease Prevention and Health Promotion and Center for Nutrition Policy and Promotion for this opportunity to provide comments on how we believe the 2010 DGAC report should be used to build a strong and effective 2010 Dietary Guidelines for Americans.

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Submission Date Between 06/15/2010 and 07/30/2010

Key Topic: Evidence-based Review Process

Comment ID: 002066

Submission Date: 07/15/2010

Organization Type: Industry Association

Organization Name: The Sugar Association

First Name:

Last Name:

Job Title:

Key Topic: Carbohydrates, Evidence-based Review Process, Nutrient Density/Discretionary Calc

Sub Topic: Added sugars

Attachment: Y

Comment: The Sugar Association is pleased to offer the attached comments to the Secretaries of the US Departments of Agriculture and Health and Human Services for their consideration as they complete the important process of finalizing the 2010 Dietary Guidelines for Americans.

Comment ID: 001999

Submission Date: 07/15/2010

Organization Type: Industry Association

Organization Name: American Meat Institute

First Name: Betsy

Last Name: Booren

Job Title: Director, Scientific Affairs

Key Topic: Eating Patterns, Energy Balance/Physical Activity, Evidence-based Review Process, Fluid and Electrolytes, Food Groups, Food Safety, Minerals, Nutrient Density/Discretionary Calc, Other, Protein, Vitamins

Sub Topic: B Vitamins, Folate, Iron, Meat, Beans, Eggs, Fish, and Nuts, Other, Potassium, Sodium, Vitamin A and Carotenoids, Weight loss, Weight maintenance, Zinc

Attachment: Y

Comment: See attached document for AMI comments.

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Submission Date Between 06/15/2010 and 07/30/2010

Key Topic: Evidence-based Review Process

Comment ID: 002106

Submission Date: 07/15/2010

Organization Type: Industry Association

Organization Name: Soyfoods Association of North America

First Name: Nancy

Last Name: Chapman

Job Title: Executive Director

Key Topic: Eating Patterns, Evidence-based Review Process, Fats, Food Groups, Minerals, Nutrient Density/Discretionary Calc, Protein, Vitamins

Sub Topic:

Attachment: Y

Comment: The Soyfoods Association of North America suggests that in translating the Scientific Report from the Dietary Guidelines Advisory Committee into policy and consumer documents, that DHHS and USDA consider the following suggestions:

1. Distinguish soy products/soyfoods separately from ?cooked dry beans and peas and seeds/nuts.?
2. Recognize that soy protein is comparable to animal protein in protein quality, based on the widely recognized methodology, Protein Digestibility Corrected Amino Acid Score (PDCAAS).
3. Highlight the nutritional adequacy and high-quality protein value of soyfoods.
4. Support further research on the health benefits of plant-based diets and soyfoods in relation to heart disease, weight management and diabetes prevention.
5. Create a consumer brochure that balances simple text with menu tables, graphics and other visuals which captivates, motivates and displays to consumers how to incorporate more plant-based foods into their daily diets.

Comment ID: 002108

Submission Date: 07/15/2010

Organization Type: Industry Association

Organization Name: National Pork Producer Council

First Name: Sam

Last Name: Carney

Job Title: President

Key Topic: Eating Patterns, Evidence-based Review Process, Food Groups, Minerals, Nutrient Density/Discretionary Calc, Protein, Vitamins

Sub Topic: B Vitamins, Meat, Beans, Eggs, Fish, and Nuts, Potassium

Attachment: Y

Comment: Although it agrees with the Dietary Guidelines Advisory Committee that obesity is the No. 1 public health concern and that Americans need to eat more fruits and vegetables, the National Pork Producers Council is concerned with the committee?s recommendation that Americans consume only ?moderate? amounts of lean meat.

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The problem with the American diet is not over-consumption of lean meat, which provides key nutrients not available from plant-based proteins and which studies show can aid in weight loss, it is over-consumption of empty calories ? foods filled with added sugars and solid fats that provide little nutritional value.

Lean meat is a nutrient-rich source of lean protein with unique attributes not offered by plant proteins, and extensive peer-reviewed research supports a clear role for protein in the form of lean meat as a key part of the solution to the obesity epidemic.

Comment ID: 001718

Submission Date: 07/12/2010

Organization Type: Industry Association

Organization Name: United Egg Producers

First Name: Howard

Last Name: Magwire

Job Title: Vice President, Government Relations

Key Topic: Evidence-based Review Process, Food Groups

Sub Topic: Meat, Beans, Eggs, Fish, and Nuts

Attachment: Y

Comment: I've attached the comments in a zip file of the United Egg Producers regarding the Report of the Dietary Guidelines Advisory Committee on the Dietary Guidelines for Americans, 2010.

Comment ID: 001339

Submission Date: 07/01/2010

Organization Type: Industry Association

Organization Name: NMPF & IDFA

First Name: Jamie

Last Name: Jonker

Job Title: Vice President, Scientific & Regulatory Affairs

Key Topic: Evidence-based Review Process, Other

Sub Topic:

Attachment: Y

Comment: See attached comments.

Comments Summary Report

Submission Date Between 06/15/2010 and 07/30/2010

Key Topic: Evidence-based Review Process

Comment ID: 002150

Submission Date: 07/15/2010

Organization Type: Nonprofit/Voluntary

Organization Name: EarthSave Miami

First Name: Jeffrey

Last Name: Tucker

Job Title: Chair

Key Topic: Eating Patterns, Evidence-based Review Process, Fats, Food Safety, Nutrient Density/Discretionary Calc

Sub Topic:

Attachment: N

Comment: Please give a consistent message:

On animal foods and disease

On dietary fat and obesity

On dairy products and health

On saturated and trans fats

Please include information which was omitted:

Lactose Intolerance Ignored

Damage from Animal Protein Ignored

Major Sources of Infections Ignored

Please correct these FACTUAL ERRORS:

Plants Are Incomplete Proteins

Plant-Based Diets Are Nutritionally Inadequate

Dairy Products and the Risk of Malnutrition

Eggs Are Safe for the General Public

Fish Is Health Food, Especially during Pregnancy

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Submission Date Between 06/15/2010 and 07/30/2010

Key Topic: Evidence-based Review Process

Comment ID: 001320

Submission Date: 07/01/2010

Organization Type: Nonprofit/Voluntary

Organization Name: Orangevale Activists

First Name: Mark

Last Name: Dempsey

Job Title:

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: N

Comment: The dietary guidelines you are about to publish come from a biased review of the scientific literature from a panel with too many conflicts of interest to provide genuinely good dietary advice. (See http://works.bepress.com/jeff_herman/1/)

The policies promoted by such bias have brought us the simply awful agricultural (and medical) policies we currently "enjoy." Agriculture, as the U.S. practices it, is not even solar. We burn ten calories of petroleum to produce one calorie of food. The structure of subsidies means that a calorie of high-fructose corn syrup is cheaper than a calorie of carrot.

The subsidies amount to 40% of agricultural income. "Like laundering money for Cargill and ADM" (says a farmer quoted by Michael Pollan).

The current unhealthy diet, leading to the epidemic of chronic illnesses (heart disease, diabetes, etc) abroad in the U.S. has its roots in this murderous bias.

I urge you to rely on actual evidence rather than agri-business-serving distortion.

Comment ID: 001870

Submission Date: 07/14/2010

Organization Type: Nonprofit/Voluntary

Organization Name: International Life Sciences Institute, North America

First Name: Eric

Last Name: Hentges

Job Title: Executive Director

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: Y

Comment: Our comments in this letter address the need for an open and transparent process. There is an ever growing scrutiny of the use of science in the formulation of food, nutrition and

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health policy. The initiation of webcast technology to provide access to a wider array of stakeholders was a positive addition to the process, but it would be highly preferable that future advisory committees have both the open public access, as well as the webcast access.

The 2010 DGAC is to be commended on advancing the use of a systematic evidence based review process. The Nutrition Evidence Library (NEL) not only provided immediate value to the work of this committee, but sets a foundation for the work of future committees. The 2002 Information Quality Act (IQA) calls for this type of evidence based review for science-based policy making. The NEL generally fulfills the IQA requirements and has contributed to transparency of the process. However, the transparency of the process would be enhanced significantly by providing stakeholders with information from the evidence based review process in "real-time?". This would include the selection of topic areas to be reviewed, questions to be addressed, the methodology and criteria to be used within the systematic review, and how the committee intends to use the data in formulation of their recommendations. Additionally, the public posting of the various NEL products as they are developed, including the evidence worksheets, overview tables and evidence summaries, is essential. This will add even greater enhancement to the evidence based process and allow for more robust stakeholder commentary to future DGAC deliberations.

Comment ID: 002125

Submission Date: 07/15/2010

Organization Type: Nonprofit/Voluntary

Organization Name: PETA

First Name: Ingrid

Last Name: Newkirk

Job Title: President

Key Topic: Evidence-based Review Process, Food Groups

Sub Topic: Milk

Attachment: Y

Comment: PETA urges the Committee to halt its unscientific and environmentally devastating promotion of dairy products, given significant, science-based concerns about the health and environmental risks associated with their production and consumption. Rather than promoting cows' milk, the Report should recommend nondairy, plant-based options, which are much healthier and environmentally friendly. At the very least, the Report must acknowledge that these plant-based options are acceptable alternatives to dairy products.

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Key Topic: Evidence-based Review Process

Comment ID: 002012

Submission Date: 07/15/2010

Organization Type: Nonprofit/Voluntary

Organization Name: American Institute for Cancer Research

First Name: Deirdre

Last Name: McGinley-Gieser

Job Title: Senior Vice-President for Programs

Key Topic: Evidence-based Review Process, Protein

Sub Topic:

Attachment: Y

Comment: The American Institute for Cancer Research (AICR) congratulates the DGAC for a progressive and visionary report. With one request and one reservation, we ask that it becomes the basis for the 2010 USDA DHSS Dietary Guidelines for Americans.

AICR is gratified that the DGAC has relied so thoroughly on our Expert Report, Food, Nutrition, Physical Activity and the Prevention of Cancer: A Global Perspective, published in 2007 with our sister organization the World Cancer Research Fund.

We congratulate the DGAC for its emphasis on the social, economic and environmental determinants of dietary patterns and its allowance for legislation that enables and encourages healthy living. These features are consistent with our 2009 report, Policy and Action for Cancer Prevention, which reviewed the evidence on public policies and actions most likely to achieve healthy diets and active ways of life. (Please see annex 1). Both our 2007 and 2009 reports take prevention of obesity and of other chronic diseases into account.

We stand ready to support USDA/DHSS in the final preparation of the 2010 Dietary Guidelines for Americans.

Our request is that the final food-based dietary recommendations be expressed as quantified goals. Our reservation is that the findings of our 2007 report show that red meat and also processed meat are convincing causes of colorectal cancer. Since our report was published, several large studies have been published that further support this conclusion. We will soon release our updated analysis of evidence on diet, weight, physical activity and colorectal cancer risk, which will review all of the evidence ? positive, negative and null ? on red and processed meat and colorectal cancer that has appeared since our report?s publication. In the meantime, we have summarized those points upon which we respectfully disagree with the DGAC?s review. We ask the DGAC to examine this document and revisit this discussion. (Please see annex 2).

Comments Summary Report

Submission Date Between 06/15/2010 and 07/30/2010

Key Topic: Evidence-based Review Process

Comment ID: 001638

Submission Date: 07/12/2010

Organization Type: Other

Organization Name: General Mills Inc.

First Name: Kathryn

Last Name: Wiemer

Job Title: Fellow/Director, General Mills Bell Institute of Health & Nutrition

Key Topic: Carbohydrates, Eating Patterns, Energy Balance/Physical Activity, Evidence-based Review Process, Fats, Fluid and Electrolytes, Food Groups, Nutrient Density/Discretionary Calc

Sub Topic: Added sugars, Fiber, Fish oil, Omega 3 fatty acids, Grains, Whole grains, Saturated fatty acids, Sodium, Trans fatty acids, Whole grains

Attachment: Y

Comment: Please see attached letter outlining General Mills' comments on the 2010 Dietary Guidelines Advisory Committee's Technical Report. We appreciate the work of the DGAC Committee during the development process. Please contact me with any questions regarding our comments. Kathy Wiemer

Comment ID: 001945

Submission Date: 07/15/2010

Organization Type: Other

Organization Name:

First Name: Glen

Last Name: Rick

Job Title: concerned citizen

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: N

Comment: It is a great disappointment that with as much bad health in this civilized country that your organization doesn't take a firmer stand against the Dairy and Meat industry. Instead of Evidenced-base Review process it appears to me that it is evident that the Dairy and Meat industry (and others) must be lobbying hard to have you keep those products still on the "ok to eat list". Promote the BEST diet, not a status quo diet, that lets people keep eating what you have been telling them and know is going to kill them.

Always check which companies or organizations have sponsored the research and if it is by some special interest group, throw it out, because it will be obvious that it is biased and unreliable.

Consider the obesity and various coronary diseases that are caused in a large part through consumption of Meat and Dairy products, the only food items that contain cholesterol. It should be required that all members of your committee read "The China Study" by T. Colin Campbell.

The western (American) diet is killing the American public and costing the nation billions in health care that could be treated by different lifestyle and diet. If you want to be

Comments Summary Report

Submission Date Between 06/15/2010 and 07/30/2010

Key Topic: Evidence-based Review Process

responsible for all the unnecessary death, then keep promoting meat and dairy products in your recommended nutrition guidelines. However, if you want to make a name for yourself and help the American public, you will take a strong stand for the best foods available (fruits, vegetables, grains, seeds and nuts) and not condone meat and dairy products and any way, shape or form!

May the blood of all the unnecessary deaths in America be on your shoulders.

Comment ID: 000966

Submission Date: 06/15/2010

Organization Type: Other

Organization Name:

First Name: Shera

Last Name: Barger

Job Title:

Key Topic: Evidence-based Review Process

Sub Topic:

Attachment: N

Comment: In order for Americans to have confidence that the new guidelines are fully evidence-based and free of researcher bias, it is necessary to have full disclosure of any financial relationships any committee members or others affiliated with the final recommendations may have had (now, in the past, or in the imminent future) with companies involved with agriculture production, dietary supplementation, or other related industries. Please post or make available otherwise, the disclosure documents for these persons.

Comment ID: 002105

Submission Date: 07/15/2010

Organization Type: Professional Association

Organization Name: American Dietetic Association

First Name:

Last Name:

Job Title:

Key Topic: Alcoholic Beverages, Carbohydrates, Eating Patterns, Energy Balance/Physical Activity, Evidence-based Review Process, Fats, Fluid and Electrolytes, Food Groups, Food Safety, Other, Protein, Vitamins

Sub Topic:

Attachment: Y

Comment: The American Dietetic Association is pleased to provide the attached comments on the translation of the Dietary Guidelines Advisory Committee report into the 2010 Dietary Guidelines for Americans.